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CLIMB KILIMANJARO (9 DAYS) MACHAME ROUTE



COUNTRIES VISITED: TANZANIA

HIGHLIGHTS

- Experience geological features such as lava tubes and glacial valleys
- Camp with scenic views of Mt Meru and Kibo (the top of Mt Kilimanjaro)
- Enjoy a memorable sunrise over Africa as you make your way to the summit
- Conquer Uhuru Peak - the highest point on Mount Kilimanjaro

INCLUDES

- Airport transfers from Kilimanjaro airport and all road transportation from start to finish of the trip
- 2 nights' accommodation at Springlands Hotel, Moshi (or similar - breakfast included)
- 7 day Machame Route Kilimanjaro climb (including meals & drinking water, camping equipment, services of guide, porters and cook)
- All National Park fees, rescue fees/park commission

EXCLUDES

- Visas
- Personal hiking equipment, oxygen supply
- Optional Excursions as listed in the Pre-Departure Information

- Any internet charges
- Airport Taxes
- Travel insurance (compulsory, get a quote here)
- Flights
- Drinks
- Tips

ESSENTIAL INFORMATION

ARRIVAL & ACCOMMODATION

Trip Joining Point: Springlands Hotel, Moshi

Start Time Day 1: 17:00 (or 08.00am Day 2 for private bookings)

Address: Tembo Road, Pasua Area, Moshi, Tanzania

Telephone: +255 784 451 000

All prices listed are approximate and subject to limited availability.

Room Type	Price	Description
Single en-suite	On request	Per Room
Double/Twin en-suite	On request	Per Room
Triple en-suite	On request	Per Room

Situated in a rural community, this comfortable hotel offers good value en-suite rooms with showers, mosquito netting and fans. There are pleasant gardens with indoor and outdloor bars and a large swimming pool.

PRE-TRIP ACCOMMODATION:

We provide a free service for booking pre-trip accommodation and airport transfers. Just contact us to request the accommodation / transfer required. We will require your flight number, arrival time, and arrival date so please ensure this information is forwarded to us as soon as you have booked your flight. Please book this service as soon as you have booked your flight and no later than 6 weeks prior to departure, after which a late booking fee will apply. If you have booked through a travel agent, please contact your agent to request pre-trip accommodation and airport transfers.

If you are arriving early in the morning and you would like to check in immediately, you may have to reserve your room for the previous night to ensure direct check in, otherwise you may have to wait

until normal check in times (usually 1pm to 2pm).

AIRPORT TRANSFERS:

Airport Transfers are not included between Kilimanjaro International airport and Moshi but can be added to your booking on request provided you request these via the UK office at least four weeks before your departure).

If you book an airport transfer, then on arrival at Kilimanjaro airport, you will be met by a representative holding an Oasis Overland sign or with your name displayed. The representative will be waiting for you in the arrivals hall and then transfer you to the hotel.

PRE-DEPARTURE MEETING

Day 1 of your trip is an arrivals day, there will be a pre-departure meeting in the starting hotel this afternoon / evening. There will be a notice in reception advising the exact time and here you will be briefed on the day to day running of your climb. You will need to have a photocopy of your **passport information page**, **insurance policy details** with policy number and confirmation that the duration will cover you for the entire trip and a **24-hour emergency assistance** telephone number. It is essential that you attend this meeting - please let the UK office or your tour leader know if you are unable to do so.

Note - if you are doing this trip privately then we will skip this group meeting and you will meet your guide first thing tomorrow morning for a briefing at around 08.00am before heading to the mountain.

POST TRIP ACCOMMODATION AND AIRPORT TRANSFERS

Post-trip accommodation & airport transfers can be arranged by emailing your departure flight details to our office at **africa@oasisoverland.co.uk** **or with your tour leader at your tour briefing on Day 1.**

FLIGHT INFORMATION

Day 1 in your departure city, is an arrivals day. For your convenience we would advise that you arrive at the latest, on the afternoon of this day. You may wish to allow some extra time to explore your arrival and departure cities.

We recommend allowing an extra day post trip before booking a return flight, just in case of any unexpected delays.

There are many online flight search engines such as **www.skyscanner.net** or **www.ebookers.co.uk**

, flights can also be booked direct with airline websites or through travel agencies. Please inform us of your flight details through your online account, as airport transfers can be arranged for various trips.

One way ticket: If you intend to travel on a one way ticket to meet up with one of our trips, without possessing an onward flight ticket - we recommend that you have a copy of your payment confirmation/receipt (that you will be sent at time of your balance payment) available at immigration to assist easy entry.

PASSPORTS

Your passport must be valid for at least 6 months AFTER your trip finishes. This is a general requirement for all of the countries we travel to on our trips.

If you have dual nationality you can only use one passport for the entire trip. It is your responsibility to ensure you have all the relevant visas you require.

VISAS

The information below is to be used only as a guide and may change without prior notice. It is advisable to contact the relevant embassy in plenty of time before the trip departs to check the current visa requirements**.** It is **your responsibility** to ensure you have all the relevant visas you require.

Visas must be paid for **in USD cash ONLY.**

For more information on other nationalities & visas checkout **www.projectvisa.com**

Tanzania

Passport Holders from UK, Ireland, Australia, New Zealand, Canada and most EU countries will require a visa to enter Tanzania. The current cost is $50 USD with the visa available on arrival at the border. Passport holders from the USA also need a visa and can obtain it on arrival, but the cost is $100 USD. Alternatively visas are available in advance via the Tanzanian government's e-visa website. South African passport holders are Free of charge.

Passport Holders from other countries, will need to check the current visa requirements with the relevant consulate, and whether you need to obtain the visa in advance.

For those travelling on the Grand Adventurer, Apes & Lakes and Gorillas, Gameparks & Zanzibar trip, the Tanzanian visa is a Single entry visa and also covers you for Zanzibar.

VACCINATIONS AND HEALTH

It is possible that you may require some vaccinations for your trip, depending on the areas that you are visiting. As we are not medically trained, we are unable to give detailed advice on vaccination requirements, so please use the information below as a guide only. We have worked closely with **Nomad Travel Clinics** for many years and they offer Oasis travellers a **10% discount** on vaccinations, anti- malarial drugs, first aid items, clothing and equipment, just enter discount code OASIS1000 at **www.nomadtravel.co.uk**. Alternatively you can check out the **fit for travel website** for more travel health information or consult a reputable travel clinic or your GP for information and advice. We suggest that you allow at least 8 weeks to get all your vaccinations.

Yellow Fever - Being vaccinated against Yellow Fever and having a valid certificate and a photocopy is deemed compulsory in nearly all the countries we visit in Africa, especially at certain borders and are needed if you are entering from an infected country. You can view a list of countries requiring a certificate through the World Health organisation **http://www.who.int/ith/ITH_country_list.pdf**

Rabies - Vaccinations are regularly advised for all countries that we travel through in Africa - especially if time and money are not a deterrent.

Malaria - In some of the areas we visit there is a risk of contracting Malaria. You must be aware that whatever malaria prophylactics you are taking, they only offer partial protection. They must be coupled with your own physical efforts against being bitten - which is the best prevention. Malaria-carrying mosquitoes come out at sunset so from this time you should wear long sleeves and trousers. Exposed skin, especially ankles, should have insect repellent containing 'Deet' applied to them. Your crew will advise on where the worst affected areas are on the trip. There are a number of prophylactic malaria treatments on the market & requirements change. It is also wise to take a sample of whichever prophylactic you choose, a few weeks before you leave. This way you may determine early on if you have any adverse reactions so you can change the regimen if necessary. Please consult a reputable travel clinic or GP for advice. For more information visit **www.nomadtravel.co.uk** **or** **www.fitfortravel.scot.nhs.uk**

Altitude sickness - This is caused by thin air (due to lack of oxygen) and can affect anyone arriving at high altitude (above 3000mtrs). The symptoms are headaches, dizziness, shortage of breath and possibly nausea. To avoid this or alleviate the symptoms make a point to acclimatize by arriving into a high altitude destination a few days early and make sure you do not over exert yourself, rest for a few hours, avoid drinking alcohol, smoking, large meals and drink plenty of water.

As we are travelling mostly by land (as opposed to flying into a high altitude location) we should acclimatise gradually, and so avoid 'soroche', mountain sickness.

Dengue - Unlike the malaria mosquito, which bites at night, the dengue carrying mosquito bites during the day. Some areas we travel to do have occasional outbreaks & it is therefore advised that you take care not to be bitten during the day as well as at night. There is no vaccine available.

Health - To join our trips you should be in good general health. Your medical insurance company must be told if you have any pre-existing medical condition / allergy or if you are on any regular medication, otherwise you may not be covered under your policies for these. Our crew will need to know of any medication or conditions you may have. For general health advice log onto **www.nathnac.org/travel/**

TRAVEL INSURANCE

It is a compulsory requirement that you have adequate travel insurance before you join any Oasis trip and at the very least are insured for all necessary medical and repatriation costs incurred.

You will be asked to provide the following details if you have not already done so: travel insurance company name, insurance policy number & insurance emergency telephone number. You will also be required to give a copy of your policy with this information to your Tour Leader on arrival with confirmation that the policy duration is sufficient to cover you for the entire duration of your trip. It is also wise to leave a copy of your insurance policy with a friend or relative for safe keeping.

We believe that your safety and holiday enjoyment are very important. It is a mistake to think that "it will never happen to me". It is also very important that you are covered for all the activities that you may wish to undertake while on our trip. It is extremely important that you check the full extent of your cover related to 24 hour Medical Emergency Assistance. In the event of you needing medical treatment you want to know that you have the best cover available to you. Your policy should include adequate Medical Emergency and Repatriation cover as well as Cancellation, Baggage and Personal Liability cover. You need to be aware of EXACTLY what activities your policy covers you for. Please note that skiing is not usually covered in most insurance policies. Please note also that many of the areas we visit are not as developed as the UK and we have no control over the availability or standard of medical and repatriation services and facilities in the areas we visit and these do not form any part of our contract with you.

You should also note that passenger liability insurance covering vehicles, particularly in Third World countries, may be unavailable or inadequate; it is therefore important that your insurance cover makes sufficient provision for you and your dependents in the event of an accident.

We are happy to refer our UK based travellers to the travel insurance specialists Campbell Irvine who have a policy suitable for overlanding which covers most of the adventure and sporting activities on our trips.

Please be aware that most travel insurance policies will not cover you if you are visiting areas against government travel advice. If your trip will go through areas like this (for example, some of our Trans Africa routes through West Africa) then you may need to look at an alternative policy for these sections, for example Battleface or SafetyWing.

For further information, check out the **Travel Insurance** section of our website.

IMPORTANT INSURANCE INFORMATION FOR THOSE VISITING ZANZIBAR:
The Zanzibar Government have announced the introduction of a travel insurance policy which will be obligatory for all foreign visitors to the islands, regardless of whether travellers have their own travel insurance in place.

1. The insurance policy is sold by Zanzibar Insurance Corporation.
2. The cost is US$44 per person.
3. The insurance requirement comes into force on 1st October 2024.
4. The policy must be purchased online at visitzanzibar.go.tz and purchases can be made from 1st September 2024.
5. Payment can be made online by debit or credit card.
6. On completion of the purchase, visitors will receive a QR code. The policy documents will be sent to your registered email address.
7. The policy document and QR code must be presented on in Zanzibar. Entry will be refused without this documentation.

To ensure you have a smooth entry, please ensure the above policy is purchased in advance of your arrival.

MONEY, BUDGETS AND LP

Spending Money

From past trips and travellers feedback £20 to £30 per day per person whilst not climbing, should cover costs such as meals not included, soft drinks and beers, email & communications, souvenirs and other general spending. Personal spending habits & budgets differ greatly from person to person, so it is difficult to give a specific amount. Budget separately for optional activities (see optional excursions page).

How to bring your currency?

Past Oasis travellers have fed back that they have felt, as a general rule it is best to bring your money as **US$ Dollars/Euros or English Pounds Sterling cash** (exchange rates in Tanzania are normally better than in the UK).

Please remember that visas need to be paid for in US$ CASH ONLY!

Make sure that all your notes are in good condition. Old, torn or marked notes are often refused by the banks and shops. Please ensure your notes are dated post 2006 and do not have a serial number starting with CB. Scottish pounds are also not accepted.

Changing money

Change your money only at banks or forex bureaus. It is illegal to change money on the street, as these people will normally be opportunistic thieves or undercover police.

Credit & Debit Cards

If you are intending using your credit or debit card, we suggest taking more than one card with you as you may find that your card is not accepted in the first ATM you try. Visa and Maestro cards are best. **We do not recommend using MasterCard based cards in Africa as they have very limited access through large parts of Africa.** Please note that usually you will be given local currency and NOT US$ or £GB. We recommend that you inform your bank that you will be using your card abroad to avoid it being blocked. Please see the optional excursions page for activities that can be paid for using a Credit or Debit Card.Commission rates vary between 2-8%.

Pre-Paid Travel Currency Cards

These cards are similar to normal Credit and Debit cards but they can be pre loaded with cash before you travel with a set amount allowing you to withdraw this cash using the card at normal ATMs. It is a more secure way to access cash on your trip, but again do not rely on these as your sole means of funds on a trip - (please refer to the ATM section). Several banks and companies now offer these cards, but be sure to look into the rates for withdrawing cash when making your decision. When using these cards abroad you will use them to withdraw the local currency from an ATM and not the currency that you loaded onto the card.

ATMs

These are available in Kilimanjaro airport and Moshi which allow you to withdraw local currency only. We discourage you from relying on your ATM card as a primary source of funds in case it is lost/stolen/swallowed, or the machine isn't working. Besides memorising your PIN, it is also important to be aware of your daily withdrawal limit and bank withdrawal costs.

Tipping

Is often expected and relied upon. It is often more than a reward for services well done, but, as wages are extremely low, it is an accepted means of supplementing an income. If you would like to leave a tip for any activity/individual, you could organize this as a group and give a tip at the end. A recommended amount for restaurants is usually 10% of your total bill and similar for activities. Some countries also add an extra Government tax on restaurant bills.

Tipping your guides, porters and cooks for your climb is highly recommended, and customary on Kilimanjaro. See the Kilimanjaro tipping guide below.

CLIMATE

In East Africa (Kenya, Uganda, Tanzania) the year is loosely divided into the 'short' rains (November) and the 'long' rains (March to May). The 'rains' usually last for one or two hours each day followed by hot sunny weather. Nights can be surprisingly cold at higher altitude in the Ngorongoro Crater & The Rift Valley.

Mt. Kilimanjaro can be trekked at all times of the year, but it is worth taking into consideration the seasonal rains and varying weather patterns on the mountain. It is commonly suggested that some of the best months for trekking Kili are:

January, February, early March & September, which are the warmest months and relatively clear of cloud with the occasional brief shower. August and September are the driest months, while October and November also enjoy mild weather and little rain.

Mid March, April and May are the main rainy seasons in Tanzania and it can be quite wet at lower elevations, with the chance of heavy rain below and snow on top. Temperatures are still quite high but this is the time there may be large cloud formations which can block the views.

WHAT TO TAKE

You will undoubtedly pack and unpack your bags at least 3 or 4 times before finally feeling satisfied that you've included what you need for this adventure of a life time! Your preparation for your climb needs to be well thought out and executed wisely, which is why we'd like to give you a helping hand with a comprehensive packing list.

Remember that you are packing for a period of 7 days or more, and will have no facilities or time for washing or drying clothes on your climb. So having plenty of the essential clothing packed away in separate bundles and in water proof bags (plastic/zip lock bags) is highly advisable. You will never believe how thankful you will be on the mountain when you come across a clean and dry pair of socks! At the same time, please try not to overpack. The pack that the porters carry is limited to 15 kg (35 pounds). Overweight or extra luggage will require an extra porter at $5/day. You can leave your remaining luggage locked in storage in the hotel in Moshi.

In your day pack, take along water, camera, binoculars, waterproof trousers and jacket at a minimum. Add any other items you might need during the day because you may not see the porters until the end of your trek for that day.

Equipment	Personal Effects & Toiletries

• **Sleeping Bag - 3-4 season bag (sleep liner recommended if you have a 3-season bag)** • **Small waterproof day-pack or rucksack** • **Water proof larger rucksack or holdall (to be carried by porter)** • **Insulated water bottle/bladder/camel pack, flexi flask** • **Travel pillow** • **Trekking poles (optional)**	• Camera with protective case, spare batteries, film/memory card • Torch & spare batteries (head torch is best) • Soap, toothbrush/paste, antibacterial hand wash, lip balm & moisturiser • Sun block 35 + after sun, hat & sun glasses or goggles polarized • Towel &/or sarong • Toilet roll
Clothes	**Clothes**
• **Comfortable waterproof hiking boots plus light walking shoes (for wearing at the huts)** • **Waterproof, breathable and windproof trousers & jacket** • **Several sets of underwear** • **Several pairs of thick socks and lightweight inner socks** • **Thermal underwear** • **T shirts/shirts**	• Hiking shorts, and pants • Long sleeve thermal • Fleece/sweat shirt/jumper • Water proof gloves/mittons • Glove liners for added warmth • Warm head cover
Recommended Medical Kit List	
• **Antiseptic ointment/Antihistamine cream & tablets** • **Nurofen or equivalent pain-killer** • **Appropriate pain killer for children-eg calpol** • **Eye-drops/bath** • **Anti-diarrhoea treatment** • **A couple of bandages (elasticated & triangular)** • **Medication for personal allergies/asthma etc** • **High factor sun cream**	• Insect repellent containing Deet • Rehydration sachets • Assorted plasters • 1 Course of malaria treatment per traveller • Some suitable antibiotics as recommended by your doctor for infected cuts or to treat severe dysentery • Malaria Tablets - see Vaccinations & Health section
Equipment Hire available locally **(paid at the hotel in USD)**	
• **Rucksack - $12** • **Balacava $6** • **Mont Bell Sleeping bag (-25°C) $40** • **Duffel bag $6** • **2 walking poles (like ski sticks) $12** • **Gaiters $8** • **Torch (purchase only) $15** • **Gloves $6** • **Thick sweater $5**	• Poncho (waterproof, lined) $18 • Waterproof trousers $12 • Fleece trousers $6 • Hiking boots $9 • Water bottle (purchase only) $8 • Warm jacket (Goretex) $12 • Warm jacket (down) $12 • Hat or neck scarf $6 • Sunglasses (purchase only) $12 - $15

PHOTOGRAPHY AND ELECTRICAL EQUIPMENT

Cameras (incl. Digital & Video Cameras) - An easy to use 'point and press' will get you some good photos. For memorable shots, it may be worthwhile investing in an SLR camera, but be sure to get some practice in before the trip! Most towns and cities have internet cafes where you can download onto CD/internet sites - but don't rely on it.

Photography - Be aware of your surroundings when taking photographs and filming. Some locations will be sensitive or have local laws banning photography. For example it is usually forbidden to use cameras at borders or around government buildings, military installations, bridges and airports or to take photos of local officials. If you do take photos or film where it is not permitted you may find yourself being questioned by irate officials who may decide to confiscate your camera or instruct you to delete all the images/footage on your device. If in doubt ask for permission, or if there is no-one to ask use some common sense.

Drones - As the use of drones becomes more common, countries throughout the world are gradually updating their laws and restrictions on usage. The specific regulations will vary from one country to another, so do check the UK Foreign and Commonwealth Office advice for the latest information. As with cameras, use your common sense if you do use a drone and avoid operation in sensitive areas. If you plan to bring a drone on your trip with us please contact us first to ensure there will be a suitable place to store it while on your trip.

Electrical charging & power supply - It may be difficult to find a power source for charging at times, so a spare battery is a must. Log onto**www.whatplug.net**for information regarding the different electrical plugs and voltage used in each country.

CONTACTING HOME

The internet and WiFi are available in many towns / cities you will visit. Do bear in mind that the connections can be unreliable and will not always be as fast as you are used to at home. If a lot of people try to use the internet at the same time the speed will be slower still, especially if trying to make Skype calls or upload photos / videos. During periods of the trip where we are wild camping, internet will be less common.

Some travellers choose to take an unlocked mobile phone with them and buy local SIM cards in each country, allowing them to use mobile data. If you particularly want or need regular internet access this may be a good option. Telephone calls can be expensive usually £1 to £5 for a three minute call.

Online Diaries - A great variety of free "travel blogs" are now available online, they are a good way of keeping relatives and friend up to date with what you are doing and a good place to upload photos, collecting messages as well as keeping a record for yourself.

RESPONSIBLE TRAVEL

Before you go

- Remove unnecessary packaging before you go - waste disposal facilities are often stretched or non existent in the places we visit. To avoid unnecessary pollution of local water supplies take

environmentally friendly toiletries with you.

- Why not invest in a wind-up or solar-powered torch or media player before you travel or at least rechargeable batteries.
- Learn some of the local language and read up on the local history/culture before you go. You'll get so much more out of your trip.
- Why not pack some pens/pencils exercise books in your rucksack and they can be donated to a local school or project while you're away. You can also purchase these items cheaply, locally which will help local businesses.
- Take a sturdy water bottle with you from home that you can re-use throughout your trip. We carry large quantities of purified water with us on our Expedition vehicles and it is much better for the environment if you drink this, rather than purchase bottled water along the way. (It also saves you money).
- Water-to-Go: Oasis Overland have partnered with Water-to-Go to help reduce the number of plastic water bottles consumed during a trip. Water-to-Go is a filtration system that eliminates over 99.9% of all microbiological contaminants including viruses, bacteria, chemicals and heavy metals from any non-salt water source. Click here and enter the code OASIS15 to purchase your **Water-to-Go** products at 15% discount. Water-to-Go will then donate a further 15% to Oasis Overland Charity projects.

While you're travelling

From experience gained in running trips, we have developed our own practical and manageable environmental policy which all of our crew practice on the trips we operate, and they will share this information with you at the start of your trip. We welcome your input on this, plus any new ideas you may have, to improve our existing procedures. As a guide here's a few tips to bear in mind.

- Don't waste water. It is a scarce resource in many of the places our trips visit. On all our Ultimate and Overland Expeditions we carry large quantities of purified water with us. We encourage you to refill your own water bottles from this supply, rather than purchase bottled water along the way- much more environmentally friendly and saves you money.
- Never buy endangered species or endangered habitat products. Apart from the fact of it being illegal it also encourages the trade to continue.
- Look after and preserve the areas we visit. Be careful about stepping on coral reefs or trekking on undesignated tracks.
- Buy locally made crafts and products helping to support the local economy.
- Don't feel when bargaining that you have to get the cheapest price possible just for the sake of it. Pay what the item is worth to you & don't worry about what someone else has paid.
- Try the local food and drinks - this will help to support local farmers and food sellers. Sitting in a local cafe is also a great way to meet local people.

- Dispose of litter appropriately on your trip. This includes cigarette butts. Not only does litter look unsightly it can be lethal to wildlife.
- Where any toilet facilities exist, however unsavoury they might seem to you, they should be used. Where they do not, always bury your waste and make sure it is never near (at least 30m) a water source.
- When game viewing do not encourage your guides to get too close to the wildlife so that their natural behaviour is impeded.
- Respect local customs, traditions and beliefs of the people in the different regions that you travel through.
- Do not take photos of people, ritual events or special places unless you have asked first. Dress appropriately according to local codes and show respect around religious festivals.
- Recycling is almost non-existent in many of the areas and countries we visit - we do the best we can with limited resources & space on our vehicles.
- For books dedicated to travelling more responsibly & ethically see: **www.tourismconcern.org.uk**

Community Projects - Oasis are active in raising awareness and providing support to a number of projects and local schools where we believe we can make a positive difference. More information on the **projects we support**.

SECURITY

The UK Foreign and Commonwealth Office (FCO) offer country-specific advice, regarding not only security but also entry regulations, local laws and customs and health. We strongly recommend all travellers visit the FCO website, or the equivalent in their home country, to familiarise themselves with local conditions and issues in the countries they plan to visit before committing to a trip with us. You can view their website here.

If you have any questions at all about the safety or security of your trip, please do not hesitate to contact us and we will be happy to discuss your trip in more detail.

In cities - All major cities have their share of petty crime (just like our cities) and sensible precautions need to be taken. Wearing expensive looking jewellery or watches and carrying cameras will draw unnecessary attention to you. Leave valuables such as passports and excess money in your hotel safe (we recommend carrying a copy of your passport details page at all times). You may find a simple money belt is more discreet than a bag. Always be aware of your surroundings and when approached by people you do not know, use your common sense. At night in cities it's best to use a taxi, rather than walking around the streets, single women in particular need to be careful and we would suggest that it is safer to be in a group.

Oasis does not take responsibility for clients' personal items and we advise you to not take items of value that are not essential for the journey.

TIPPING ON KILIMANJARO

Kilimanjaro guides all receive a licence to work on Kilimanjaro from the National Park. Without this they are unable to operate as guides. The licence is obtained after several years of experience of working on the mountain as porters or cooks then as assistant guides after which they attend courses in First Aid, Mountain Rescue, Flora and Fauna and History.
From the guides that have acquired their guide qualification, we select those that are recommended by our local partners and who have an excellent record of working on the mountain. Their professionalism is hard to rival anywhere in the world and one of their prime objectives will be to help you achieve your dream and gain the summit of Kilimanjaro, safely. If at any stage they suggest you should turn back then trust them, respect their experience - they must have an excellent reason for this as this is one of their last resorts.

It is customary tip the guides and porters on the Kilimanjaro Trek. It is important to understand that this is an essential part of the porters, cooks, drivers and guides income who work very hard to provide the best possible services.

We have found that the simplest and fairest way to provide the trek team with tips is to ask each climber to pay a tipping kitty. This covers tips for all the staff on your trek (which can be several!).

The suggested maximum amount is given in our tips guide below. Note that this is the total amount to be given by each group (not per climber). So, if only 2 pax are climbing it comes out to a total of $265 for a 5 day climb (1 guide, 1 cook and 4 porters). This system works best because the alternative is to increase the staff salary to compensate and add it to the tour price. So the current system is actually the fairest and cheapest way for climbers and is standard on Kilimanjaro.

Staff member & Suggested tips per day in USD

Chief guide $20-$25
Assistant guide $15-$20
Cook $10-$15
Porter $8-$10

Trekking teams generally consist of 1 guide per group of 8, 1 assistant guide per 4, 1 cook per 8. Porters (per person): 2 on the Marangu route, 3 on Machame, Umbwe and Rongai and 4 on the Lemosho route.

TRAVEL INSURANCE

It is a compulsory requirement that you have adequate travel insurance before you join any Oasis Trip, and at the very least are insured for all necessary medical & repatriation costs incurred if you

need them.

You will be asked to provide the following details on the Traveller Information Form that you send in to us after making your booking. If you have not already done so: travel insurance name, insurance policy number & insurance emergency telephone number. You will also be required to give a copy of your policy with this information to your Tour Leader on arrival with confirmation that the policy duration is sufficient to cover you for the entire duration of your trip. It is also wise to leave a copy of your insurance policy with a friend or relative for safe keeping.

We believe that your safety and holiday enjoyment are very important. It is a mistake to think that "it will never happen to me". It is also very important that you are covered for all the activities that you may wish to undertake while on our trip. It is extremely important that you check the full extent of your cover related to 24 hour Medical Emergency Assistance. In the event of you needing medical treatment you want to know that you have the best cover available to you. Your policy should include adequate Medical Emergency and Repatriation cover as well as Cancellation, Baggage and Personal Liability cover. You need to be aware of EXACTLY what activities your policy covers you for. Please note that skiing is not usually covered in most insurance policies.

We offer tailor made Overland Adventure Travel Insurance that covers most of the adventure and sporting activities on our trips.

For further information on the insurance we offer, the activities covered and costs, check out the **Travel Insurance** section of our website. UK residents can purchase the insurance we recommend directly through Campbell Irvine.

RESPONSIBLE TRAVEL

Before you go

- Remove unnecessary packaging before you go - waste disposal facilities are often stretched or non existent in the places we visit. To avoid unnecessary pollution of local water supplies take environmentally friendly toiletries with you.
- Why not invest in a wind-up or solar-powered torch or media player before you travel or at least rechargeable batteries.
- Learn some of the local language and read up on the local history/culture before you go. You'll get so much more out of your trip.
- Why not pack some pens/pencils exercise books in your rucksack and they can be donated to a local school or project while you're away. You can also purchase these items cheaply, locally which will help local businesses.
- Take a sturdy water bottle with you from home that you can re-use throughout your trip. We carry large quantities of purified water with us on our Expedition vehicles and it is much better for the environment if you drink this, rather than purchase bottled water along the way. (It also saves you money).

- **Water-to-Go**: Oasis Overland have partnered with Water-to-Go to help reduce the number of plastic water bottles consumed during a trip. Water-to-Go is a filtration system that eliminates over 99.9% of all microbiological contaminants including viruses, bacteria, chemicals and heavy metals from any non-salt water source. **Click here** and enter the code OASIS25 to purchase your Water-to-Go products at 25% discount.

While you're travelling

From experience gained in running trips, we have developed our own practical and manageable environmental policy which all of our crew practice on the trips we operate, and they will share this information with you at the start of your trip. We welcome your input on this, plus any new ideas you may have, to improve our existing procedures. As a guide here's a few tips to bear in mind.

- Don't waste water. It is a scarce resource in many of the places our trips visit. On all our Ultimate and Overland Expeditions we carry large quantities of purified water with us. We encourage you to refill your own water bottles from this supply, rather than purchase bottled water along the way- much more environmentally friendly and saves you money!
- Never buy endangered species or endangered habitat products. Apart from the fact of it being illegal it also encourages the trade to continue.
- Look after and preserve the areas we visit. Be careful about stepping on coral reefs or trekking on undesignated tracks.
- Buy locally made crafts and products helping to support the local economy.
- Don't feel when bargaining that you have to get the cheapest price possible just for the sake of it. Pay what the item is worth to you & don't worry about what someone else has paid.
- Try the local food and drinks - this will help to support local farmers and food sellers. Sitting in a local cafe is also a great way to meet local people.
- Dispose of litter appropriately on your trip. This includes cigarette butts. Not only does litter look unsightly it can be lethal to wildlife.
- Where any toilet facilities exist, however unsavoury they might seem to you, they should be used. Where they do not, always bury your waste and make sure it is never near, (at least 30m) a water source.
- When game viewing do not encourage your guides to get too close to the wildlife so that their natural behaviour is impeded.
- Respect local customs, traditions and beliefs of the people in the different regions that you travel through.
- Do not take photos of people, ritual events or special places unless you have asked first. Dress appropriately according to local codes and show respect around religious festivals.
- Recycling is almost non-existent in many of the areas and countries we visit - we do the best we can with limited resources & space on our vehicles.
- For books dedicated to travelling more responsibly & ethically see: **www.tourismconcern.org.uk**

POST TRIP ACCOMMODATION AND AIRPORT TRANSFERS

Post-trip accommodation can be arranged with your tour leader during the trip or directly with the hotel on arrival. The return airport transfer can be arranged through your hotel / hostel and is not included, it is at your own expense. We regret these services cannot be arranged via the Oasis office before departure.

FLIGHT INFORMATION

You need to arrive at your departure city at least the day before your trip begins. Return flights must be booked for at least the day AFTER the trip is due to end. You may wish to allow some extra time to explore your arrival and departure cities (if you are joining in Victoria Falls - we suggest arriving at least 2 days before if you wish to partake in the many adrenaline activities on offer).

There are many online flight search engines such as **www.skyscanner.net** or **www.ebookers.co.uk** **,** flights can also be booked direct with airline websites or through travel agencies. Please inform us of your flight details through your online account, as airport transfers can be arranged for various trips.

One way ticket: If you intend to travel on a one way ticket to meet up with one of our trips, without possessing an onward flight ticket - we recommend that yaou have a copy of your payment confirmation/receipt (that you will be sent at time of your balance payment) available at immigration to assist easy entry.

Departure Taxes: Please check with your Travel Agent or Airline if your flight ticket already includes a departure tax payment out of the country. If it does not - please budget for approx US$30 to $70 USD - to be paid in US$ only.

Addis Ababa / Djibouti to Cairo flights (or v/v): If we are not able to travel through Northern Ethiopia and/or Sudan then we may need to leave the truck in Addis Ababa or Djibouti and fly from there to Cairo (or vice versa). We will advise before or during the trip if this is the case, and which date and time to book the flight. This flight will be an additional cost for you to book and pay directly.

PASSPORTS

Your passport must be valid for at least 6 months **AFTER** your trip finishes. This is a general requirement for all of the countries we travel to on our trips.

If you have dual nationality you can only use one passport for the entire trip. It is your responsibility to ensure you have all the relevant visas you require.

Please bring 10 photocopies of your passport details to give to your tour leader.

Number of blank pages required for the trip, please use this as an approximate guide:

- UK to Cape Town - 32 blank pages
- UK to Nairobi - 39 blank pages
- UK to Cairo - 45 blank pages

You will be required to bring passport photos with you in order to obtain visas on route. We recommend 18 passport photos for UK - Ghana, 36 passport photos for UK to Cape Town/Nairobi and 40 passport photos for UK to Cairo. Passport photo's will need to be on a white background.

If there are any stamps in your passport linking you with an entry or visit to Israel (this could include border/immigration stamps from other countries bordering Israel), you will need to replace your passport.

Second / Concurrent Passport - An option for some nationalities, is to apply for a second or concurrent passport. This means a second valid passport of the same nationality in addition to your current one. Travelling with two valid passports for your 40 week expedition can benefit you and help to obtain visas more speedily, for instance in having one passport to send home to obtain a visa whilst travelling on the second one. Your government in your home country that issues your passports will ask for a letter detailing 'why' you need an extra passport. Please email **africa@oasisoverland.co.uk** if you wish to apply for a second passport.

MONEY, BUDGETS AND LP

Local Payment (LP)

LP is part of your overall trip payment and is the most cost effective and practical way to get hard currency to Africa to pay for a variety of your day to day local costs (i.e. all meals prepared by the group - 3 per day whilst travelling and 2 whilst in towns, campsite fees, wood, gas, and certain activities listed in the brochure) which cannot be pre-paid from the UK.

Please note: CASH ONLY is accepted and needs to be in $US Dollars. Please make sure that all your notes are in good condition. Old, torn or marked notes are often refused by the banks and we will therefore be unable to accept them either. Larger denomination notes are preferable for your Local payment. Please make sure that $US Dollars are dated 2013 or later and do not have a serial number starting with CB. Scottish Pounds are not accepted.

How to bring your currency

Past Oasis travellers have fed back that they have felt, as a general rule it is best to bring your money as **US$ cash**. If you are coming from the Eurozone, Euros cash are also accepted in some countries and can be the preferred currency in many West African nations. It will depend on the exchange rate at the time of your trip as to which currency is better, but US$ Dollars are widely accepted from Angola all the way to Cairo. Great British pounds are also accepted in Southern Africa,

and some East African countries, as well as Egypt.

Credit / Debit and Pre-paid travel currency cards are also an option if you are concerned about bringing all your money in cash - BUT DEFINITELY BRING AT LEAST 60% of your money in cash. Some travellers worry about carrying so much cash with them, however all Oasis Overland trucks are equipped with an on board safe for the security of your money and passport.

We also advise to bring £50 worth of SA Rand in Cash, as this may be needed if we arrive into Namibia or South Africa on a weekend & the banks/ATMs are closed (only if you are travelling to these countries).

US dollars dated pre-2013 are not widely accepted in Africa so please ensure your notes are dated 2013 onward & Scottish pounds are also not accepted. The rate of exchange for small denomination $US bills are usually slightly less than larger bills, but it is still advisable to bring an assortment of both as some activities and operators will not have the facility to give large amounts of change. Your Local Payment should be paid using high denomination bills please $50s or 100s.

Spending Money

For personal spending money budget on approximately £400 per month (from Ghana to Angola) and £120 to £175 per week (from Namibia to Egypt) to cover you for some meals out, drinks, communications, souvenirs and other general spending**.**

We recommend the following to be used as a guide - including a few days layover in Cape Town:

- Accra to Cape Town - approx £1400
- Accra to Nairobi - approx £3400
- Accra to Cairo - approx £4400

The recommendation above is worked out on the assumption that you will be fairly budget-conscious. Remember, however, there are also other costs to bear in mind such as drinks and snacks, post trip hotel and food costs, optional side trips, your time in Cape Town, email & communications, souvenirs and other general spending. This is an estimated figure as personal spending habits and budgets differ greatly from person to person. **Budget on optional activities and visa costs separately (see visa section above & optional excursions page) and allow extra for your Local Payment contribution.**

IMPORTANT: Contingency Fund - It is important to bear in mind that should it not be possible to enter a certain country due to safety concerns, visa problems or political turmoil etc, and it becomes necessary to fly over a country in order to continue a trip, that all your costs for flights will be borne by you and not Oasis.

Changing money

Your crew will advise you where & when you can change money & with what means. It is also a good idea to have a small CASH emergency fund, to allow for the unexpected.

Credit & Debit Cards

If you are intending using your credit or debit card, we suggest taking more than one card with you as you may find that your card is not accepted in the first ATM you try. Visa and Maestro cards are best. **We do not recommend using MasterCard based cards in Africa as they have very limited access through large parts of Africa.** Please note that usually you will be given local currency and NOT US$ or £GB. We recommend that you inform your bank that you will be using your card abroad to avoid it being blocked. Please see the optional excursions page for activities that can be paid for using a Credit or Debit Card. Commission rates vary between 2-8%.

Pre-Paid Travel Currency Cards

These cards are similar to normal Credit and Debit cards but they can be pre loaded with cash before you travel with a set amount allowing you to withdraw this cash using the card at normal ATMs. It is a more secure way to access cash on your trip, but again do not rely on these as your sole means of funds on a trip - (please refer to the ATM section). Several banks and companies now offer these cards, but be sure to look into the rates for withdrawing cash when making your decision. When using these cards abroad you will use them to withdraw the local currency from an ATM and not the currency that you loaded onto the card.

ATMs

These are available in most major cities along our route and allow you to withdraw local currency only. We discourage you from relying on your ATM card as a primary source of funds in case it is lost/stolen/swallowed, or the machine isn't working. In some destinations we probably won't even see a bank or ATM for days on end. Even where do find them, they cannot always be relied upon - things change, and ATMs don't always work! Besides memorising your PIN, it is also important to be aware of your daily withdrawal limit and bank withdrawal costs.

Tipping

Is often expected and relied upon. It is often more than a reward for services well done, but, as wages are extremely low, it is an accepted means of supplementing an income. If you would like to leave a tip for any activity/individual, you could organize this as a group and give a tip at the end. A recommended amount for restaurants is usually 10% of your total bill and similar for activities. Some countries also add an extra Government tax on restaurant bills.

Because it can be difficult to know what to tip, and because it has such importance in some areas both economically and culturally, there may be times and activities for which your crew will make it clear what level of tipping is 'customary/expected'. They may also be quite enthusiastic or assertive in encouraging you to take account of these suggestions. This is motivated by the knowledge of how important tipping can be, and the offence or confusion that can be caused when local people are

tipped poorly. In the end, tipping remains at the discretion of the individual, but our crew will continue to advise on normal or average rates, and we would ask you to carefully consider the economic or personal impact of being seen as 'under tipping'. We know that many who travel with us are on a tight budget, but ask you to consider that those we work with locally may also face financial hardship, and also work very hard to try to give you unrivalled service/ experiences.

As a very rough guide, we would suggest that you budget for an amount equal to 10% of the local payment for your trip, plus 10% of the cost of any of the listed optional excursions that you wish to do. The amounts you end up tipping may vary from a rigid 10%, but hopefully this will help you budget in general.

In the past we have been asked by travellers about tipping your Oasis Crew. If you choose to do this, it would be budgeted separately from the above. Our guys work very hard at making your trip a great travel experience. Working overseas can often be challenging and they are pretty much on call for you 24 hours a day, so it's appreciated as a thank you for hard work and good service, but of course not mandatory. Our suggestion is to budget around US$1 a day.

CLIMATE

Rain is a regular occurrence in Morocco with chilly night time temperatures - especially in the desert. Most days are nice and sunny - and it only gets warmer as we head south. From Mali to Nigeria it is quite humid during the day and we may hit 'short' rains in Central Africa (Cameroon to Angola). In Southern Africa - November to March the weather is hotter and there is summer rainfall, although this is very intermittent when it may not rain for months, or it can rain for a day at a time. In East Africa (Kenya, Uganda, Tanzania) the 'short' rains are around November. The 'rains' usually last for one or two hours each day followed by hot sunny weather. Nights can be surprisingly cold at higher altitude in western Uganda, Ngorongoro Crater & the Rift Valley. Ethiopia, Sudan and Egypt can be very hot (35C+). **View Trans Africa Climate Chart**

WHAT TO TAKE

The less you take the less you have to pack, wash & lug home & you can always pick up extras along the way. Most people make the mistake of bringing too much gear. Clothes washing or laundry facilities will be available at least once a week. You will be travelling in the heat & camping in the cold, so bring clothes for all climates; rough stuff is best. Pack according to season: allowing for extremes in temperature (from the constant baking heat in the dry season to the cold and occasional frost overnight in the south). Make sure that you bring your gear in a traditional soft sided 70 - 90L rucksack or holdall - suitcases are not suitable. **Remember baggage is limited to 20kg per person plus one day bag.**

Equipment	Toiletries - Most available to buy on trip
• **Sleeping Bag - 3 to 4 season bag, depending on season, & sleep sheet** • **Foam sleeping mat or thermarest & repair kit** • **Small day-pack or small bag to carry daily items** • **Soft rucksack or holdall (NOT rigid suitcase)** • **Water bottle - for personal use - we recommend Water-to-Go (see below Responsible Travel)**	• Soap, shampoo, toothbrush/paste, antibacterial hand wash, lip balm & moisturiser • Sun block 35 + after sun, hat & sun glasses • Tampons (can buy in most places) • Contraception
Clothes	**Personal Effects**
• **One pair of trainers or boots** • **Sandals/flip flops/jandals/thongs** • **Underwear/socks** • **T shirts/shirts** • **Shorts/swimwear** • **Jeans/trousers/jog pants/leggings** • **Skirt or dress** • **Sweat shirt/jumper** • **Jacket/fleece & waterproof jacket**	• Camera with protective case, spare batteries, film/memory card • Torch & spare batteries (head torch is best) • Travel adaptor plug/charger (for cameras & mobile phone batteries) • Money belt • Personal stereo - there is a stereo on the truck with iPod/MP3 adaptors • Towel &/or sarong
Recommended Medical Kit List	
• **Antiseptic ointment/Antihistamine cream & tablets** • **Nurofen or equivalent pain-killer** • **Eye-drops/bath** • **Anti-diarrhoea treatment** • **A couple of bandages (elasticated & triangular)** • **Medication for personal allergies/asthma etc** • **Insect repellent containing Deet**	• Some suitable antibiotics as recommended by your doctor for infected cuts or to treat severe dysentery • Rehydration sachets/vitamin tablets • Assorted plasters • 1 Course of malaria treatment • Malaria Tablets - see Vaccinations & Health section

Even though our trucks are equipped with a comprehensive medical kit, we advise you to bring a small personal medical kit as our truck kit is not for general everyday use. It will also be your responsibility to carry your kit on included excursions and optional activities as some local operators may not have medical kits to hand.

What to wear - Keeping your arms, shoulders and legs covered will go a long way to prevent causing offence and hassle to yourself. This is true for men as well as women (especially in Morocco, Mauritania, Sudan, Egypt and predominantly Muslim countries). Avoid wearing tight or revealing clothing, but generally on beaches you can wear what you like. Attitudes range from fairly liberal in such places as the Red Sea coast, to fairly conservative in some of the small towns. Cities and large towns are also fairly relaxed, but outside these areas dress conservatively.

PHOTOGRAPHY AND ELECTRICAL EQUIPMENT

Cameras (incl. Digital & Video Cameras) - An easy to use 'point and shoot' will get you some good photos. For memorable shots, it may be worthwhile investing in an SLR camera, but be sure to get some practice in before the trip! Most towns and cities have internet cafes where you can download onto CD/internet sites - but don't rely on it. Internet speeds can be slow for uploading photos to social media or the Cloud.

Photography - Be aware of your surroundings when taking photographs and filming. Some locations will be sensitive or have local laws banning photography. For example it is usually forbidden to use cameras at borders or around government buildings, military installations, bridges and airports or to take photos of local officials. If you do take photos or film where it is not permitted you may find yourself being questioned by irate officials who may decide to confiscate your camera or instruct you to delete all the images/footage on your device. If in doubt ask for permission, or if there is no-one to ask use some common sense.

Drones - As the use of drones becomes more common, countries throughout the world are gradually updating their laws and restrictions on usage. The specific regulations will vary from one country to another, so do check the UK Foreign and Commonwealth Office advice for the latest information. As with cameras, use your common sense if you do use a drone and avoid operation in sensitive areas. If you plan to bring a drone on your trip with us please contact us first to ensure there will be a suitable place to store it while on your trip.

Electrical charging & power supply - It may be difficult to find a power source for charging at times, so a spare battery is a must.

Consider a 12V in-car charger (our vehicles are equipped with a couple of 12 volt cigarette lighter charger sockets - truck trips only) or bring along your 230V mains charger and travel adaptor plug for use at some of the hotels, hostels and campsites we stay at.

NOTE: 12V - 230V inverters cannot be used on our vehicles because of the power drain they cause.

Log onto **www.whatplug.net** for information regarding the different electrical plugs and voltage used in each country.

CONTACTING HOME

The internet and WiFi are available in many towns / cities you will visit. Do bear in mind that the connections can be unreliable and will not always be as fast as you are used to at home. If a lot of people try to use the internet at the same time the speed will be slower still, especially if trying to make Skype calls or upload photos / videos. During periods of the trip where we are wild camping, internet will be less common.

Some travellers choose to take an unlocked mobile phone with them and buy local SIM cards in each country, allowing them to use mobile data. If you particularly want or need regular internet access

this may be a good option. Telephone calls can be expensive usually £1 to £5 for a three minute call.

Online Diaries - A great variety of free "travel blogs" are now available online, they are a good way of keeping relatives and friend up to date with what you are doing and a good place to upload photos, collecting messages as well as keeping a record for yourself.

SECURITY

All major cities have their share of petty crime (just like our cities) and sensible precautions need to be taken. Wearing expensive looking jewellery or watches and carrying cameras will draw unnecessary attention to you. Leave valuables such as passports and excess money in your hotel safe or truck safe (we recommend carrying a copy of your passport details page at all times). You may find a simple money belt is more discreet than a bag. Always be aware of your surroundings and when approached by people you do not know, use your common sense. At night in cities it's best to use a taxi, rather than walking around the streets, single women in particular need to be careful and we would suggest that it is safer to be in a group.

On board the truck - Each vehicle is fitted with a hidden, lockable safe to be used for money, passports and important documents. Group member will be responsible for the safe and Oasis Overland cannot accept any liability for clients' personal or monetary contents kept in the safe or on board the truck. We advise you to not take items of value that are not essential for the journey. In certain areas a roster may be drawn up for the group to share the task of guarding and keeping

FCO Advice - The UK Foreign and Commonwealth Office (FCO) offer country-specific advice, regarding not only security but also entry regulations, local laws and customs and health. We strongly recommend all travellers visit the FCO website, or the equivalent in their home country, to familiarise themselves with local conditions and potential issues in the countries they plan to visit before committing to a trip with us. You can view their website **here**.

As an adventure tour operator, some of our trips will travel to areas that are rarely-visited and occasionally attract negative publicity. We are not in the business of taking our travellers or indeed staff to regions that we consider dangerous and **the safety of all who travel with us is always our main priority**, but as a discerning customer we understand you will want to be aware of any risks before travelling. We liaise with the FCO on specific regions or areas as necessary, as well as monitoring open media outlets and political risk resources, and speaking to our contacts on the ground.

In some rare cases, our trips may have to travel through areas against which the FCO either ‘advise against all but essential travel’ or ‘advise against all travel’. When our trips travel through these areas we will carry out all due diligence and notify you in advance. This advice can change without notice. In these instances you will need to ensure you have full and comprehensive travel insurance that includes cover for these areas – some policies will exclude them. We are able to provide additional cover, if required, at additional cost. It may also be required that you read and sign a short

information sheet confirming you have been advised of the risks and agree to travel contrary to the FCO advice.

If you have any questions at all about the safety or security of your trip, please do not hesitate to contact us and we will be happy to discuss your trip in more detail.

ADDITIONAL INFORMATION

Gorilla, Chimpanzee and Golden Monkey Trekking Permits

On our trips to Rwanda & Uganda, the opportunity of being up close and personal with a family of Chimpanzees or highland Mountain Gorillas, or Golden Monkeys has to be classed as one of the most amazing wildlife encounters in Africa. You may see a variety of monkeys, birds and buffalo on the hike as well.

Gorilla Trek - The trek to find the Gorillas can take several hours and you will need to be in reasonable physical shape. For much of the trek you will be in high grass or thick vegetation & it could well rain, so wear protective clothing (to prevent being scratched) & waterproofs as well as good walking boots or shoes. Once your guide has located the Gorilla family you will be permitted to view them for strictly 1 hour. A maximum of one group of eight people per day are able to visit each Gorilla family. Your group will be accompanied by a tracker/guide & an armed park ranger. Time passes quickly when you are with your Gorilla family so remember to put away your camera and enjoy the experience for what it is rather than through your viewfinder. Please bear in mind that Mountain Gorillas are wild animals and as such there is no guarantee that you will see them. That said however, we have never had this happen on previous trips. For the protection of the Gorillas, if you are ill on the day of the trek you will not be permitted to trek (this decision is made by the rangers and wildlife authority staff alone). If there are permits and time allows with our itinerary, it may be possible to trek the following day at very little or no extra cost - this will be dependent on receiving permission from the local authorities and regulations at the time. There are no refunds or transfers for cancellation, no show or non allowance to trek.

Chimpanzee Trek - This trek is normally done in Kalinzu Forest Reserve and tends to be a little less strenuous than the Gorilla trek. However, it will still take 3-4 hours, possibly an hour or two longer, depending on the location of the chimpanzees. You are accompanied by a tracker/guide and an armed park ranger. Again you get a maximum of 1 hour in close proximity with the animals. There are several habituated chimpanzee families, and a maximum of 18 permits issued each day, in groups of 6. This means that not everyone in our group will be able to do the trek, and so these permits are on a first come first served basis, as well as subject to local availability. There are no refunds or transfers for cancellation, no show or non allowance to trek.

Golden Monkey Treks - This option is available while you are in Musanze in Rwanda, and is the easiest of the three options as the Golden Monkeys keep to a lower altitude than the gorillas. After a briefing at the park offices, you'll take a short hike, and as normal have about an hour around the

animals (the whole trek can last from one to around 4 hours in total depending on the monkeys' location). You will normally see a large number of individuals and be able to watch them play, eat, and swing in the trees and bamboo. There are two habituated troops of around 80 monkeys, and 16 permits available per troop. Permits are on a first come first served basis, as well as subject to local availability. There are no refunds or transfers for cancellation, no show or non allowance to trek.

How to request a Permit - In order for us to arrange your Permit for any of these treks, it is important that you notify us of your interest in trekking at the same time as making your booking. This can be done by just adding the Permit(s) to your trip at the time of making your reservation or contacting your travel consultant. To secure availability, we make reservations many months in advance (sometimes as early as 6 months for some dates).

The cost of securing a the permits in advance through our local partners is payable in full at the time of booking. The price incorporates the permit cost (paid to the relevant wildlife authorities locally), guides & guards, any transport required and admin/bank & card fees/insurance and communication costs incurred.

Due to the popularity of these treks and the limited availability of obtaining trekking permits, the Wildlife Authority responsible for organizing the permits require the following details before confirmation is granted;

- Your full passport details (we will need a copy of your passport before we can issue the permits)
- Guarantee of Full payment

Please note: Please be aware that before your departure, the cost of the trekking permit may change. This may be due to currency fluctuations & / or price increases by the local wildlife authority.

Serengeti & Ngorongoro Crater 3 day / 2 night Safari

On your Oasis Overland trip through Tanzania, you have the opportunity to go on a guided safari in the world-renowned Serengeti National Park & Ngorongoro Crater Conservation Area. This add-on needs to be booked and paid for in advance, so that we can have all the appropriate arrangements ready and in place for you. Once requested and paid for, this option cannot be refunded or exchanged.

For this safari you shall be collected in 7 seat safari vehicles, early in the morning from Meserani Snake Park, where you will be staying on your Oasis trip. You will then be driven into the Serengeti and enjoy an afternoon game drive en-route to the Seronera area in the heart of the park where you will camp and stay overnight at Seronera campsite.

The following morning you will have an early wake up & breakfast, before heading out to do an early morning game drive. After lunch, another game drive follows as you head towards the rim of the Ngorongoro Crater and overnight at the Simba campsite.

The following morning we start early again and have a full morning exploring the Ngorongoro Crater, the largest intact caldera in the world. We will descend the forested crater rim into the central plains which teem with possibly the highest concentration of wildlife in all of Africa. Excellent sightings of a huge range of species are guaranteed. After a picnic lunch, we will then leave the park and drive back to re-join the truck.

If you choose not to take this option, you can remain behind at the Snake Park. From here various activities are available in the local area, including visits into the Snake Park itself, visits to Masai villages, or day trips into the Serengeti (you won't see nearly as much on these day trips though as you will spend a significant portion of the day just driving there and back).

Please note: The above safari is fully inclusive of all meals while on safari, transport in purpose built safari vehicles with maximum 7 people plus a driver/guide, park entrance and conservation fees to Ngorongoro Crater and the Serengeti, as well as camp fees. You will take your Oasis tent and your camping gear with you. A minimum of 4 travellers is required for this safari to operate. Please be aware that up to 2 months before your departure the cost of this Add On could change. This would only be due to currency fluctuations or price increases by the Tanzania Parks Authority. The order of the arrangements and campsites used is also subject to change.

Just add this on to your trip when booking!

African Wildlife and the Migration

Wildlife - View a **chart** detailing what animals you may see in the various gameparks and reserves we visit between Nairobi and Johannesburg.

The Migration - The '**Great Wildebeest Migration**' has to be one of the most impressive wildlife spectacles in the animal kingdom. For those lucky enough, this once in a lifetime experience can be viewed in the surrounds of The Serengeti National Park/Ngorongoro Conservation Area of Tanzania and the Maasai Mara of Kenya and can be done before our after your trips with us.

VISAS - SOUTH AFRICA TO KENYA

The information below is to be used only as a guide and may change without prior notice. It is advisable to contact the relevant embassy in plenty of time before the trip departs to check the current visa requirements. It is **your responsibility** to ensure you have all the relevant visas you require**.** We will however provide information before the trip starts about which visas you will need to obtain in advance and which can be obtained on the way.

Visas obtained at borders and embassies during the trip must be paid for in either USD, Euros or local currency CASH ONLY, as stipulated by the relevant immigration officials. Evisas will require payment online by credit or debit card.

Country	British	EU	Aust	NZ	S. Africa	USA	Canadian
South Africa	Free	Free	Free	Free	Free	Free	Free
Lesotho	Free	Fee	Free	Free	Free	Free	Free
Eswatini	Free	Free	Free	Free	Free	Free	Free
Mozambique	US$150	US$150	US$150	US$150	Free	US$150	US$150
Zimbabwe	US$55	US$55	US$30	US$30	Free	US$30	US$75
Botswana	Free	Free	Free	Free	Free	Free	Free
Namibia	N$1600	N$1600	N$1600	N$1600	Free	N$1600	N$1600
Zambia	Free	Free	Free	Free	Free	Free	Free
Malawi	US$50	US$50	US$50	US$50	Free	US$50	US$50
Tanzania	US$50	US$50	US$50	US$50	Free	US$100	US$50
East Africa Visa	US$100	US$100	US$100	US$100	US$100	US$100	US$100
Burundi	US$90	US$90	US$90	US$90	US$90	US$70	US$90
Rwanda	Free	US$50	Free	Free	US$50	US$50	Free
Uganda	US$100	US$100	US$100	US$100	US$100	US$100	US$100
Kenya	US$30	US$30	US$30	US$30	US$30	US$30	US$30

For more information on other nationalities & visas checkout **www.projectvisa.com**

Please Note: Your Tour Leader will collect a USD 30 visa kitty per person at the beginning of the trip - which goes towards paying for taxis, photocopies, faxes, communication etc - when applying for a majority of visas as a group. Your Tour Leader will keep a separate account of expenses incurred and will inform the group of any surplus funds remaining at the end of the trip - or any extra that is required.

Kenya

Most nationalities require an Electronic Travel Authorisation (eTA) to enter Kenya which **must be obtained in advance of travel**.

Travellers need to apply via https://www.etakenya.go.ke/en. This will take at least 3 days to process but you can apply up to 3 months in advance, so allow yourself plenty of time in case of delays. You will need to either print a copy of your eTA or download it to your mobile to present on departure at the airport and at immigration at your point of entry into Kenya. You may be denied boarding of your flight to Kenya or denied entry to Kenya if you do not have your copy of your eTA with you.

We know that the Kenyan visa websites often have issues taking payments. If your payment doesn't go through, the process will not have completed. We suggest that you:

- try a different website browser
- check your bank has not blocked the payment
- clear your cookies (if you know how) and try again
- wait a few hours or until the next day, and try again

If your trip travels from Kenya to Uganda and Rwanda and then returns to Kenya, your eTA will still be valid for entry when you return.
If you are travelling on the Trans Africa or Nile Trans expeditions you will apply for your eTA whilst on the trip.
Note - You can enter Kenya if you have an East Africa Visa issued from Uganda or Rwanda. However, you can no longer obtain an East Africa visa if you are entering Kenya as your first country of the three.

Note - In addition to your Kenya eTA, you also need to apply and pay for a compulsory travel insurance policy issued by the Kenyan authorities. This is **in addition** to any other travel insurance policy you may hold. This must be purchased in advance of arrival, either as part of your eTA application or separately through this website - https://insurance.ecitizen.go.ke/dashboard/travel

Botswana

Passport Holders from UK, Ireland, Australia, New Zealand, USA, Canada, South Africa and most EU countries will not require a visa to enter Botswana.

Passport Holders from other countries, will need to check the current visa requirements with the relevant consulate, and whether you need to obtain the visa in advance.

Lesotho

Passport Holders from UK, Ireland, Australia, New Zealand, USA, Canada and most EU countries will not require a visa to enter Lesotho.

Passport Holders from other countries, will need to check the current visa requirements with the relevant consulate, and whether you need to obtain the visa in advance.

Malawi

Passport Holders from UK, Ireland, Australia, New Zealand, USA, Canada and most EU countries now require a visa to enter Malawi.

Passport Holders from other countries, will need to check the current visa requirements with the relevant consulate, and whether you need to obtain the visa in advance.

Mozambique

Currently there is conflicting information available about the Mozambique visa however, passport holders from UK, Ireland, Australia, New Zealand, USA, Canada and most EU countries should expect to require a visa. We will obtain this visa whilst on the trip - please bring 3 recent colour passport photos along with you and have digital copies of your passport and a passport photo in case they are required for your application.

South African passport holders are free of charge.

Passport holders from other countries, will need to check the current visa requirements with the relevant consulate, and whether you need to obtain the visa in advance.

Namibia

Most nationalities require a visa costing 1600 Namibian Dollars. This is a relatively new requirement and you must apply in advance. You can apply for a full holiday visa (requires more info to be submitted but quicker at border), or for a visa on arrival (still needs applying for in advance, but the process is completed at the border). Apply here - https://eservices.mhaiss.gov.na/

Rwanda

Most nationalities require a visa for Rwanda. However, Commonwealth citizens can obtain a free visa on arrival into Rwanda.

We recommend that all travellers who are travelling to both Uganda and Rwanda, who need a Rwanda visa, or who are returning from Rwanda back into Uganda, should apply for an East Africa visa which will cover you for multiple stays in both countries. You must apply for this through the first country you will be entering. So if you will enter Uganda first, apply through this website: https://visas.immigration.go.ug/. If you will enter Rwanda first, apply through this website.

https://irembo.gov.rw/user/citizen/service/dgie/request_a_visa (scroll down to 'Immigration and Emigration' and select 'Visa application')

South Africa

- **All trips:**

Passport Holders from UK, Ireland, Australia, New Zealand, USA, Canada and most EU countries will not require a visa to enter South Africa.

Passport Holders from other countries, will need to check the current visa requirements with the relevant consulate, and whether you need to obtain the visa in advance. Those who do need a visa and are travelling on a trip that includes Lesotho or Eswatini, will need to make sure that they obtain a multiple entry visa for South Africa as you will be entering and exiting these countries from South Africa.

Tanzania

Passport Holders from UK, Ireland, Australia, New Zealand, Canada and most EU countries will require a visa to enter Tanzania. The current cost is $50 USD with the visa available on arrival at the border. Passport holders from the USA also need a visa and can obtain it on arrival, but the cost is $100 USD. Alternatively visas are available in advance via the Tanzanian government's e-visa website. South African passport holders are Free of charge.

Passport Holders from other countries, will need to check the current visa requirements with the relevant consulate, and whether you need to obtain the visa in advance.

For those travelling on the Trans Africa, Grand Adventurer, Apes & Lakes and Gorillas, Gameparks & Zanzibar trip, the Tanzanian visa is a Single entry visa and also covers you for Zanzibar.

Note - In addition to your Tanzania visa, you also need to apply and pay for a compulsory travel insurance policy issued by the Tanzanian authorities. This is **in addition** to any other travel insurance policy you may hold. If you are arriving into Tanzania via Zanzibar first, you should apply here https://inbound.visitzanzibar.go.tz/ (the policy will also cover you through your time in mainland Tanzania). If you are arriving into Tanzania via a land border or flying into Dar es Salaam, you should apply here - https://inbound.nicinsurance.co.tz/apply (the policy will also cover you on Zanzibar).

Uganda

Most nationalities require a visa for Uganda.

Those who are travelling to both Uganda and Rwanda should apply for an East Africa visa which will cover you for multiple entries into both countries. You must apply for this through the first country you will be entering. So if you will enter Uganda first, apply through this website: https://visas.immigration.go.ug/. If you will enter Rwanda first, apply through this website https://irembo.gov.rw/user/citizen/service/dgie/request_a_visa (scroll down to 'Immigration and

Emigration' and select 'Visa application')

Zimbabwe

Passport Holders from UK, Ireland, Australia, New Zealand, USA, Canada and most EU countries will require a visa to enter Zimbabwe. We will obtain this visa whilst on the trip at the border on arrival, a visa can also be obtained at the airport on arrival into Harare and Victoria Falls. Approximate cost for Australian, USA and New Zealand Passport Holders is $30 USD, British and Irish passport holders $55 USD and Canadian $75 USD for a Single entry visa. South African passport holders are Free of charge. An e-visa is also now available from https://www.evisa.gov.zw/

If you are planning on going over to the Zambian side of Victoria Falls from Zimbabwe you will need to obtain a double entry visa for Zimbabwe so that you can return back to Zimbabwe after your day trip. Approximate cost for Australian, USA and New Zealand Passport Holders is $45 USD, and British passport holders $70 USD.

Canadians & Irish passport holders are unable to obtain a double entry Zimbabwe visa.

The visa into Zambia is called a Day Tripper visa and is available at the border and only valid for stays of less than 24 hours. The approximate cost is $20 USD.

For those **joining in Victoria Falls** a UNI-Visa is available at the airport on arrival, which is a multiple entry visa between Zimbabwe and Zambia and costs approximately $50 USD.

Passport Holders from other countries, will need to check the current visa requirements with the relevant consulate, and whether you need to obtain the visa in advance.

Burundi

Most nationalities require a visa for Burundi. We will obtain this visa whilst on the trip.

VACCINATIONS AND HEALTH

It is possible that you may require some vaccinations for your trip, depending on the areas that you are visiting. As we are not medically trained, we are unable to give detailed advice on vaccination requirements, so please use the information below as a guide only. We have worked closely with **Nomad Travel Clinics** for many years and they offer Oasis travelers a **10% discount** on vaccinations, anti-malarial drugs, first aid items, clothing, and equipment, just enter discount code OASIS1000 at **Nomad Travel**. Alternatively, you can check out the **Fit for travel website** for more travel health information or consult a reputable travel clinic or your GP for information and advice. We suggest that you allow at least 8 weeks to get all your vaccinations.

Yellow Fever - Being vaccinated against Yellow Fever and having a valid certificate and a photocopy is deemed compulsory in nearly all the countries we visit in Africa, especially at certain borders and are needed if you are entering from an infected country. You can view a list of countries requiring a

certificate through the **World Health Organisation**.

Rabies - Vaccinations are regularly advised for all countries that we travel through in Africa - especially if time and money are not a deterrent.

Malaria - In some of the areas we visit there is a risk of contracting Malaria. You must be aware that whatever malaria prophylactics you are taking, they only offer partial protection. They must be coupled with your own physical efforts against being bitten - which is the best prevention. Malaria-carrying mosquitoes come out at sunset so from this time you should wear long sleeves and trousers. Exposed skin, especially ankles, should have insect repellent containing 'Deet' applied to them. Your crew will advise on where the worst affected areas are on the trip. There are a number of prophylactic malaria treatments on the market & requirements change. It is also wise to take a sample of whichever prophylactic you choose, a few weeks before you leave. This way you may determine early on if you have any adverse reactions so you can change the regimen if necessary. Please consult a reputable travel clinic or GP for advice. For more information visit Nomad Travel or the Fit for Travel websites.

Dengue - Unlike the malaria mosquito, which bites at night, the dengue-carrying mosquito bites during the day. Some areas we travel to do have occasional outbreaks & it is therefore advised that you take care not to be bitten during the day or at night. There is no vaccine available.

Health - To join our trips you should be in good general health. Your medical insurance company must be told if you have any pre-existing medical condition/allergy or are on any regular medication, otherwise you may not be covered under your policies for these. Our crew will need to know of any medication or conditions you may have, for general health advice log onto here.

WHAT TO EXPECT

LIFE ON THE ROAD

Oasis Representatives & Local Guides

On your Kilimanjaro trip you will be accompanied throughout by an experienced Guide who is experienced and has climbed with people of all different fitness and skill levels. There will also be porters and cooks travelling ahead of you carrying your luggage / and preparing hearty meals for you every day.

Accommodation & Transport

In Moshi you will be staying at Springland's Hotel (or similar property) before and after your climb, and whilst on your Kilimanjaro climb you will be camping or staying in basic huts on the mountain. Transport to and from the mountain will be in a 4x4 mini van with your porters and guides.

- Marangu Route - huts
  This is the only route with the comforts of sleeping huts at every camp site with solar lights and comfortable beds. The huts are communal, and the bunks have a sponge mattress and a pillow. There are 60 beds at both Mandara and Kibo Huts and 120 beds at Horombo Hut. Bathrooms and running water are available at the two lower huts. Mens' and ladies' latrines are available at the last camp which are basic. All climbing groups, often from several countries around the world, share meals in dining huts providing a jovial and energetic atmosphere. Soft drinks, bottled water, and beer are for sale at the huts. Bring small Tanzanian bills to purchase these items (prices do tend increase with elevation).
- Machame and other routes - camping
  We provide 2-person tents, which your porters will erect, and sleeping mats (1.5 inches thick), plates, cutlery, cups etc. You will need to bring your own sleeping bag. We will set up our own camp area, but this will be part of a public camp site with communal facilities.

Whichever route you take, we allocate our own trekking team of a guide, cook and porters to our group.

Toilets on the trek

There are public toilets at all the camp stops on the Kilimanjaro trekking routes. These tend to be simple wooden huts with long drop 'holes in the ground'. No nice fancy porcelain flushing toilets or bidets here! The local National Park staff do their best to keep these clean, but they do get used by a lot of people every day, so don't have high expectations.

We do offer the option of a private toilet for you and your group. This costs £90, should be arranged in advance, and basically comprises of a private toilet tent with a chemical toilet to sit on and do your thing. Your porters will carry it up and down the mountain and keep it clean and it will be available for your use in the mornings, evenings and overnight (not during the day's hiking).

Food & Drink

Three meals a day are prepared for you by the cook. Coffee and tea are included, but soft drinks, mineral water and alcoholic drinks must be paid for locally.
You will be provided with fresh fruits and vegetable for the first few days on Kili and after that much of your food will come from tins and packets. The food is of a good standard and will be prepared for you. If you have any dietary restrictions please let us know before your trek begins.
For lunch, in addition to the above, you are likely to have some extra item or items - eg biscuits, nuts, small fruit drink.
Camp staff will heat all water to boiling point before giving it to clients. However, we request that all clients bring water filter bottles or take their own water purification tablets to add to their water before drinking
It is a good idea to bring some mint cake, dried fruits (such as apricots) or snack bars to boost your energy level whilst on the mountain.
In the event that you suffer a stomach upset we recommend that you take Imodium (or Lomotil). Eat lightly, take as much safe non-alcoholic liquid as you can and take Dioralyte which will help to re-

hydrate you.
Personal hygiene and common sense should help in avoiding any gastric problems.

Vegetarians / Vegans / Coeliacs / Gluten & Lactose intolerance - your Guide and cook will always do their best to cater for any dietary requirement or intolerance whenever possible. However they do not cater for fussy eaters. It must be remembered that the variety of dishes available may not be the same as available to meat eaters. If there is anything in particular you require in your diet or because of an allergy or would miss from home, it would be best to bring these with you.

Remember that when eating out in local restaurants & hotels that vegetarianism or food allergies / intolerance's, are still not widely known about or understood by many local people. i.e Vegetarians or Vegans will often be offered fish or chicken in error. Most large towns or areas used to tourists, will often have more choice but please be aware that it will probably not be as varied as you are used to when eating out at home.

Safety on the Mountain

All climbers on Kilimanjaro are registered with KINAPA who are in charge of Mount Kilimanjaro National park and are responsible for mountain rescue. The tour cost includes mountain rescue by KINAPA rangers. The following items are carried by our guide and his team or are available at the mountain huts/camps:

- Mobile phone
- VHF radio
- First aid kit
- Oxygen for emergency use (bottle, regulator, mask)
- Pulse oximeter

Additional safety equipment such as a Hyperbaric chamber or additional oxygen cylinders may be hired at the base hotel but may require extra porters to carry them.

Seasons for Climbing

- Mid Dec to March: Excellent period with mild temperatures and good visibility. Less snow.
- April and May: The long rains mean wet conditions at lower altitudes with limited visibility
- June to August: Cold temperatures but good visibility at higher altitudes.
- Sept to October: Good time to climb with higher temperatures. Maybe some mist patches.
- Nov to mid Dec: Short rains give good visibility night and morning, possible afternoon rain.

Kilimanjaro Climate

Lying just south of the equator Kilimanjaro is affected by the passage of the Inter-tropical Convergence Zone, which brings with it the main rainy periods. The highest rainfall occurs between mid March and early May, and slightly less between the beginning of November and late December.

Maximum rainfall occurs in the forest belt and on the south side of the mountain where it reaches 2000mm. per year. Precipitation on the summit is about 100mm. per year; this coupled with the very porous ash soils results in the Saddle being considered a high altitude desert. Rain and, higher up, snow, can however be encountered at any time of year - even in the driest periods (January, February and September).
Normally the drier seasons are associated with clear, dry weather which can last for weeks on end. The best weather is generally encountered in the mornings, and convectional rainfall, if any, tends to come in mid-afternoon. After long periods of dry weather some of the higher streams dry up.
Temperatures vary considerably with height and time of day. On the plains surrounding Kilimanjaro the average temperature is about 30°C. At 3000m. frosts can be encountered at night while day time temperatures range from 5 to 15°C. Night time temperatures on the summit can be well below freezing.
When to go . . . Anytime! All seasons have their attractions - a good day in the rainy periods can sometimes provide superb views as the air is then very clear, however deep snow and heavy rain could stop or marr your trip. The safest months are: mid-December to mid March and then June to October.

LIFE ON THE ROAD

Firstly expect the unexpected! If you are looking for a set itinerary where everything runs smoothly, then this is not the kind of trip for you. Our itineraries can change due to local circumstances, and in such situations we'll always try to minimise any disruption, but bear in mind that from time to time events happen outside our control. It is this very unpredictability which makes each expedition different, exciting and one of the most adventurous things that you will possibly ever do! As part of this adventure you will be expected to have an active involvement in the day to day running of the trip, be part of the group and get stuck in and help with various tasks, whether it's cooking meals over open fires, pitching your tent or keeping the truck clean and tidy.

Itinerary

Because Oasis Overland do not operate normal 'package holidays' the itineraries given cannot be guaranteed to run exactly as outlined. However, it is rare that we have to make major changes and in the event that we do this will be discussed with you either before or during the trip. It is important to bear in mind that should it not be possible to enter a certain country due to safety concerns, visa problems or political turmoil etc, and it becomes necessary to fly over a country in order to continue a trip, that all costs for flights will be borne by you and not Oasis. Should it not be possible for an Oasis trip to begin from a scheduled starting city due to border closures, civil unrest etc, Oasis will make all reasonable efforts to begin the trip from an alternative location. However, all additional costs that you may incur in travelling to the alternative location will be paid by you or your insurance company and not Oasis.

Expedition Vehicle

For most of your trip the Oasis expedition truck will be your new home - giving you a comfortable & secure base with which to experience your trip. We use purpose built truck's which have been converted especially for this expedition, which pass through all types of terrains from soft sand, mud, rock and potholed roads to tarseal. It is reassuring to know that these vehicles can handle the tough conditions that they are put through. The truck is equipped with all the equipment we may need en route, including a professionally compiled expedition Medical Kit, large water & fuel carrying capacities, an extensive range of spare parts and the kitchen sink, (well almost!) so all you need is your sleeping bag, a roll mat and your own personal gear!

Seatbelts

All Oasis Overland trucks are fitted with seatbelts. For your own safety and security we recommend that travellers wear these at all times whilst the vehicle is moving. Our overland trucks in Africa also have a ‘beach area’ which is a chill out zone to be used when the truck is not moving.

Accommodation

Oasis uses roomy three-person tents but only for two people. They are specially made for us to meet the tougher conditions of an overland trip and have mosquito netting sewn into the door and windows. Tents are shared (between two people of the same sex from your group unless you are a couple). We spend some nights bush or desert camping and the rest of the time in campsites. Facilities and standards at campsites vary, some are well equipped and managed and some are very basic. At bush camps you will be living off the truck, so there will be no showers or en-suite facilities! At certain campsites there is the opportunity to upgrade to a private room at your own expense if you are missing your bed.

During the day

As a guide, driving days normally start at about 8am and finish at about 5pm, with stops for lunch and buying food, seeing local sights etc. We won't be driving every day, although there are times when we will drive for two, but we will then stop for a few days and you will have free time to explore, meet local people, do some optional activities or just relax and do your own thing. Expect to sometimes get dusty & dishevelled during the day and although you will be able to shower most nights (except at bush camps), not all camps will have hot showers.

Meals & cook groups

When 'on the road' or camping, we usually cook using gas or over open fires in a rota system and you can expect to cook in a group of two or three people approximately once every ten days depending on the number of people on trip and whereabouts you are. Your cook group will have to decide on what to cook, utilise stocks from the truck stores and locally obtain ingredients from markets, shops etc. and rustle up a meal. But don't worry if you're not a Gordon Ramsay as the rest of the group and the Tour leader usually lend a helping hand. Here is an idea of what to expect at meal times:

Breakfasts: Usually simple - we help ourselves to cereal, toast, hot drinks and on occasion we will splurge with a cooked breakfast.

Lunch: Cold and usually quick. The cook group will put out bread, tinned supplies and maybe make a salad.

Dinner: Cooks come into their own in the evening, and will always attempt to cook up some delights. When the truck is parked up for a few days in a town or city most people usually like the option to eat out at local restaurants - so we often don't cook all meals when at these locations.

Vegetarians / Vegans / Coeliacs / Gluten & Lactose intolerance - Our Tour Leaders will always do their best to cater for any dietary requirement or intolerance whenever possible. However we do not cater for fussy eaters. It must be remembered that the variety of dishes available may not be the same as available to meat eaters. If there is anything in particular you require in your diet or because of an allergy or would miss from home, it would be best to bring these with you, as these cannot be purchased with normal Local Payment funds due to the high cost of these specialised and often imported foods.

Remember that when eating out in local restaurants & hotels that vegetarianism or food allergies / intolerance's, are still not widely known about or understood by many local people. i.e Vegetarians or Vegans will often be offered fish or chicken in error. Most large towns and cities, or areas used to tourists, will often have more choice but please be aware that it will probably not be as varied as you are used to when eating out at home.

In the evenings

When at a bushcamp or campsite where you and your tent buddy will put up the tent, and then lend a hand with getting out the tables, stools, firewood and water containers. The fire grates need to be taken out, the fire lit and someone can fill the kettle and make hot drinks while the cook group prepares the evening meal. Then just sit back & chill and enjoy the rest of your evening!

Oasis Crew

We usually have two crew whose duties are extensive and quite demanding, with challenges ranging from driving and maintaining the expedition vehicle to a high standard, to organising visas and border crossings, arranging accommodation, pre-booking some excursions and guides, helping with shopping and cooking as well as finding the best deals, socializing and making sure everything runs as smoothly as possible. While our crew are usually experienced and knowledgeable they are not tour guides as such. Our trips pass through many countries and our tour leaders cannot be expected to have detailed knowledge of each country's history, flora and fauna and archaeological sites. Even so - they will be more than willing to pass on any interesting and useful information that they have acquired whilst on the road. A rewarding way to gain a better insight into the wildlife, cultural and historical diversity of the countries we travel through is by reading guide books as well as talking to the local people and using local guides.

Adventure travel can be unpredictable and occasionally our crew may have to amend the itinerary to take into account changing local circumstances or because of a delay at a border or because of circumstances outside our control. This can all lead to additional work and commitment for our crew who will do all they can to minimize any disruption to the trip. While our crew are essentially on call 24 hours a day 7 days a week, it has to be remembered that no one is actually expected to work these hours, so at Oasis we are realistic that within a trip there will be times when our crew need 'down time' and a chance to relax and 'let their hair down' as well. They are only human!

Itinerary Changes

Due to the unpredictable nature of this expedition - it is not always possible to follow the exact itinerary as set out below. We will always endeavour to visit all the places listed, and often more that are not. All the information regarding the itinerary is given in good faith and is subject to change, dependent on local political or country instabilities, weather, security & road conditions etc. Any major itinerary changes will be decided by the crew & company directors and will be discussed with the group beforehand whenever possible. It is also possible that the expedition may arrive later than specified into Cape Town/Nairobi or Cairo.

It is important to bear in mind that should it not be possible to enter a certain country due to safety concerns, visa problems or political turmoil etc, and it becomes necessary to fly over a country in order to continue a trip, that all your costs for flights will be borne by you and not Oasis.

If we do have to fly over a particular area or country we will endeavour to take in other places of interest if time permits. While Oasis Overland will cover all ground and transport costs, we have not taken the cost of flights into our pricing structure. Therefore any flights will have to be paid for by each individual.

TRIP ITINERARY

Moshi

At **5896m Mount Kilimanjaro** is the highest point in Africa and the tallest free-standing mountain in the world. Few mountains can claim the grandeur of Kilimanjaro , with it's breathtaking views of Amboseli National Park in Kenya, the Rift Valley and the Maasai Steppe. Unlike many of the world's other high peaks, no climbing is actually required and even first-time enthusiasts can hike to the top.

Your Kilimanjaro adventure begins with you being met at Kilimanjaro airport and transferred to the tour hotel. Feel free to the make use of the **swimming pool** or explore the friendly town of **Moshi** before your trek briefing at the hotel with our mountain guide in the late afternoon.

Moshi to Machame Camp

After an early breakfast we will have a pre-trek briefing and check & prepare our equipment before leaving Moshi. We then drive for approximately 45 minutes to Kilimanjaro's **Machame Gate**, on the southwestern side of the mountain. Your guide will handle your registration before we begin the hike around 10:30am if all has run to time.

Once we start our ascent we immediately enter the **rain forest**. The trail ahead is often very muddy and slippery, due to heavy rains on this side of the mountain, so good grip footwear, trekking poles and gaiters are recommend even at this early stage! Our cooks will have a welcome lunch ready for us at the halfway point, then we continue through the rain forest and we should reach camp at around 4-5pm. Camp is set up for us ahead of our arrival, giving us time to unpack, relax and socialize around the campfire.

Machame Gate to Machame Camp

- Elevation: 1640m to 3048m
- Distance: 11 km
- Hiking Time: 5-7 hours
- Habitat: Montane Forest

Machame Camp to Shira Camp

After an early breakfast, we climb to the top of the rain forest and follow a gentle gradient though the **moorlands**. After lunch we follow a rocky ridge, and as **Shira plateau** comes into sight, we are welcomed with some spectacular views of the **Western Breach** with its stunning glaciers. The path leads us to Shira camp, which is located on moorland meadows next to a cold mountain stream. We should arrive at camp around 2-3pm, and have the rest of the afternoon and early evening to explore the plateau. Please note that this camp is exposed to the elements and at night temperatures can drop to below freezing.

Machame Camp – Shira Camp

- Elevation: 3048m to 3658m
- Distance: 5 km
- Hiking Time: 4-5 hours
- Habitat: Moorland

Shira Camp to Lava Tower to Barranco

Today's hike will take us past the **Lava Tower at 4600m** before continuing to the **Arrow Glacier** at around 4876m and then descending down to **Barranco Hut** at an altitude of 3860m. Today is extremely important for acclimatization, and will be the toughest so far. The terrain will change from moorland into semi desert and rocky landscape, which surrounds the Lava Tower. Barranco Camp is in a valley below the Breach and Great Barranco Wall, and we should arrive at camp around 4pm, giving us time to rest and find a prime position for what is sure to be a memorable sunset.

Today be careful to notice any signs of altitude sickness and be sure to make our guides aware of how your feeling, so that they can plan accordingly and make recommendations for the following days hike.

Shira Camp – Lava Tower - Barranco

- Elevation: 3658m to 4876m
- Distance: 7 km
- Hiking Time: 4-5 hours
- Habitat: Semi desert

Barranco Camp to Karanga Camp

Over breakfast we take in the enormity which is the great **Barranco Breach Wall** and consider our next task of climbing it! The climb itself is not as hard as you may anticipate and brings us just below the **Heim Glacier**. We now head down into the **Karanga Valley**, where our path entwines with the Umbwe route. We plan to arrive at Karanga camp by mid-day, giving us time to unpack, relax and socialize before dinner. We don't gain much altitude today which will help with our acclimatisation.

Barranco Camp to Karanga Camp

Elevation: 3860m to 4200m

- Distance: 5 km
- Hiking Time: 4-5 hours
- Habitat: Semi desert

Karanga Camp to Barafu Camp

Leaving Karanga camp we start climbing again with some steep valleys to negotiate. We have some hard hiking today, especially as your body may well be struggling with the altitude. Our destination is Barafu Camp (Barafu meaning ‘ice’ in Kiswahili) from where we make our **final ascent** at midnight. Once at the camp we will have time to walk around the rocky ridge for some **spectacular views of Mawenzi peak** and Kibo, weather permitting!

We will have the afternoon to prepare our equipment for our final ascent and then an early dinner and early to bed to get some much needed pre-climb rest and sleep.

Karanga Camp to Barafu Camp

- Elevation: 4200m to 4673m
- Distance: 4 km
- Hiking Time: 4-5 hours
- Habitat: Alpine desert

Summit Day - Barafu Camp to Uhuru Peak to Mweka Huts

Today is our **ascent day**! We'll wake at 23:30, have a light breakfast and prepare for our journey under a star lit sky. It will be a very cold and steep hike, but everyone's spirits will be high! We have around a 6-8 hour hike to the top of Africa. Once at **Uhuru Peak**, we will have reached the **highest point on Mount Kilimanjaro** and the continent of Africa. You would have to travel more than 3,000 miles toward the Himalayas to find a higher peak!

Faster hikers will see an incredible sunrise from the summit, others from **Stella Point** (5745m), just below on the craters edge, but both are sure to be a memorable and breath-taking experience. Once we have all reached the summit, had time for some 'champion' photos, we need to head straight down. We head for Mweka Huts, which will take around 5 hours, after dinner we get some well-deserved sleep!

Please note that we will be doing the beginning of this climb in the dark with headlamps or flashlights. It will be very cold until you start descending, so you will need all of your warm layers. This is, by far, the most difficult part of the trek. Slowly, slowly and in Kiswahili "pole, pole," an optimistic attitude will get you there!

Summit Day - Barafu Camp to Uhuru Peak to Mweka Huts

- Elevation: 4673m to 5895m to 3068m
- Distance: 4 km up, 11 km down
- Hiking Time: 13-16 hours
- Habitat: Stone scree/ice capped summit

Mweka Camp to Mweka Gate

After a hearty and well-deserved breakfast, we make our way down to **Mweka Gate.** We will reach the gate around 2-3pm, and at this point we will receive our Summit Certificates, and say goodbye to our guides, cooks, and porters. We'll transfer to your hotel in Moshi, where it is definitely time for celebrations!!!

Mweka Camp to Mweka Gate

- Elevation: 3068m to 1640m
- Distance: 10 km
- Hiking Time: 3-4 hours

Trip ends in Moshi

Your trip ends after breakfast today and your time is then free. Airport transfers to the nearby Kilimanjaro Airport are available from your hotel or can be pre-booked if you prefer. There are also regular shuttle buses to both Arusha and then on to Nairobi on a daily basis if you are connecting with one of our other trips or a safari.

OPTIONAL EXCURSIONS

Optional Excursions are paid for on the day and organised during your trip, so you can decide whilst travelling which activity you may want to do. Prices listed are only a guide and may be dependant on fluctuating exchange rates and minimum numbers. Please see below for more details.

TANZANIA

Title	From Price

We feel that having optional excursions gives a greater degree of flexibility and independence to our group members; independence to decide how much your spending budget can afford; flexibility to decide when and what time of day or with whom to visit a particular site, rather than for example, with the whole group at a pre-ordained time.

You pay for the optional excursions to the local operator, ensuring the money stays with that operator in the local community and this ensures as well, that you are paying the true price for any optional excursions you want to do. This also applies to accommodation costs before and after the trip. Please note that the prices of optional excursions quoted are approximate as local prices can and do change. Please see the relevant trip page for the Optional excursions you can do on that trip and a list of prices.

Notes downloaded on: *05-11-2026*